

## Residential Trip 2<sup>nd</sup> to 4<sup>th</sup> October

### Condover Hall



### When will we be leaving/returning?

- We will be leaving Queensway School about 10:45am on a coach, therefore please drop your child off and say goodbye at the normal drop off time. The journey will take about 2 hours and we will be stopping off near Condover Hall to have some lunch. Your child will need a packed a lunch, please make sure you order this in the usual way if using Fresh Start.
- We will be leaving Condover Hall on Friday 4<sup>th</sup> October at around 1pm, we will text you when we leave the Centre and keep in touch with you regarding our arrival time back at school.

### What will the children be doing on the residential?

- We have asked for a range of activities. All are active and take place outside.

### What will the timetable look like?

#### Example timetable:

| MONDAY    |                               |                |               |                 |
|-----------|-------------------------------|----------------|---------------|-----------------|
| MORNING   | MORNING                       | AFTERNOON      | AFTERNOON     | EVENING         |
|           | Travel to centre              | Intro tour     | Sensory Trail | Conquest        |
| TUESDAY   |                               |                |               |                 |
| MORNING   | MORNING                       | AFTERNOON      | AFTERNOON     | EVENING         |
| Zip Wire  | Orienteering                  | Aerial Trek    | Wet and Wacky | Campfire        |
| WEDNESDAY |                               |                |               |                 |
| MORNING   | MORNING                       | AFTERNOON      | AFTERNOON     | EVENING         |
| Abseiling | Laser Maze/<br>Grid of Stones | Gladiator Wall | Body Zorbing  | Run Around Quiz |

- Rise and shine at 7.30am.
- We will be aiming for a 9pm bedtime with lights out by 9.30pm.

### What should my child bring with them?

- Freshly laundered Sleeping Bag and a pillowcase
- A drink bottle and packed lunch for **Wednesday 2<sup>nd</sup> October only** (no nuts)
- Torch (if your child already has one)
- Rucksack (for the children to bring with them on each activity)
- Toiletries etc (please note deodorants must be roll-on, no aerosols)
- Clothes and trainers for the activities including long sleeves for archery
- Waterproof clothing (jacket / possibly trousers)
- Large plastic bag for dirty clothes

- Bath towels x 1
- Pyjamas and slippers (if they already have some)

### **Useful items/notes:**

- Books, playing cards and other quiet activities
- No glass containers
- No jewellery (including piercings), except for stud earrings
- No wellies
- No phones or smart watches
- Please name all clothing
- **Denim jeans are not ideal for outdoor use**

### **What will my child eat?**

- The children will be offered three meals a day served in the communal dining room and there will be a variety of hot and cold dishes, vegetarian and vegan options and a fresh salad bar available. Conover Hall staff are already aware of specific religious and dietary requirements and will be making special arrangements.

### **Where will my child be sleeping?**

- Girls and boys are in separate rooms. The children will be split into small groups that will be spread across the available accommodation. The rooms all have attached bathrooms for the children to use and all of the adults attending the trip will be sleeping close-by. We will of course be considering friendship groups with both the sleeping and activity groups.

### **Extra information:**

- In order to protect the children, the children will not be able to bring any electronic devices including mobile phones and smart watches.
- All the activities and food is paid for as part of the package, therefore the children do not need to bring any extra money with them.
- If you need to contact your child or a member of staff on the trip for any reason, then contact the school office as normal.
- We have taken medical and dietary information from your child's information sheet (completed by you in September) therefore, if anything has changed please contact us as soon as possible.
- If you know that your child suffers from travel sickness, please ensure you have let us know before the trip. We ask that you sign in any travel medication in its original packaging (along with instructions for usage) on the day of the trip.
- Mrs Horbury-Jakeman will have your contact details with her for the duration of the trip in case she needs to contact you. All contact will come through Mrs Horbury-Jakeman therefore, please ensure your contact information is up to date.