



# Athletics

## Key Vocabulary and Skills

Athletics	Athletics is a type of sport that includes track and field events, such as running races, jumping and throwing.
Teamwork	The children will be working as part of a team to practise different skills, such as running, jumping, travelling and throwing.
Communicating	Communication is the key skill we will be working on this term. The children will practise talking to each other while playing a range of team games.

The children are going to use the skills they practised so far this year (travelling, jumping and throwing) to work as a team to play athletics games successfully. They will be developing their knowledge about different kinds of jumps, as well as different ways of throwing.

## Equipment:

- Large ball
- Small ball
- Cone
- Bats
- Hoops
- Racket
- Mini-hurdles
- Bean bags



## Key Skills:

- Throwing
- Jumping
- Aiming
- Traveling
- Communicating
- Moving

The value we will be focusing on this term is teamwork!

The children will try to show the games values in their PE sessions. The children that do this will be awarded the 'Player of the Week' certificate in Celebration Assembly.

