MENU WEEK B

Weeks commencing : 9 Nov, 30 Nov 26

Fresh Start

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal 1	Singapore style veggie noodles (vg) SOYA	Salmon fishcake FISH	Chicken with roast potatoes, Yorkshire pud GLUTEN, EGG, MILK	Spaghetti Bolognese GLUTEN	Battered fish and chips GLUTEN,FISH
Main Meal 2	Cheese and tomato pizza with new potatoes GLUTEN, MILK	Macaroni Cheese GLUTEN,MILK	Veggie Cobbler with roast potatoes (vg) GLUTEN	Meat free bolognese (vg) GLUTEN SOYA	Veggie sausage and chips SOYA (vg)
Jacket Potato /Pasta	Pasta with an Italian tomato sauce(vg) GLUTEN	Pasta with an Italian tomato sauce(vg) GLUTEN	Pasta with an Italian tomato sauce(vg) GLUTEN	Jacket potato with baked beans and cheese MILK	Pasta with an Italian tomato sauce(vg) GLUTEN
Deli	Choice of breads with cheese, tuna or egg GLUTEN, EGG,FISH,MILK	Choice of breads with cheese, tuna or egg GLUTEN, EGG,FISH,MILK	Choice of breads with cheese, tuna or egg GLUTEN, EGG,FISH,MILK	Choice of breads with cheese, tuna or egg GLUTEN, EGG,FISH,MILK	Choice of breads with cheese, tuna or egg GLUTEN, EGG,FISH,MILK
Sides	Green beans & carrots	Broccoli & sweetcorn	Carrots & Cabbage	Vegetable medley	Baked beans or peas
Desserts	Fruit salad with berry drizzle (vg)	Raspberry Jelly (vg)	Fruit Platter Yoghurt MILK	Orange jelly (vg) with orange wedges	chocolate and courgette cookies GLUTEN(vg)

Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our fresh bread. Where possible, we buy locally sourced produce. All of our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.