



QUEENSWAY SCHOOL

Brantwood Rise
Banbury
OXON
OX16 9NH

Head Teacher: Mrs Sarah Horbury-Jakeman
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Monday 2nd June 2025

Dear Parents,

It is recommended that all children should have 60 active minutes per day, whether that is at school or at home, each child should be keeping active for at least 60 minutes. The recommendation is that most children are active for 30 minutes at school (through PE lessons and play times) and 30 minutes at home.

We are part of the School Games, which is a government led programme, designed to deliver competitive school sports to all young people. To maintain our gold status at Queensway, we need to check what children, in years 3-6, are doing at home, to ensure they are getting their full 60 active minutes each day.

To monitor this, your child will be sent home with a 'My Weekly Activities' diary to fill in at the start of this week. We would be really grateful if you could spare some time to encourage your child to fill this in. Please can this be returned by **Monday 9th June**.

Thank you for your continued support,

Miss Dineen
PE Coordinator