



Invasion Games



Pass



Catch / receive



Dribble



The children will be exploring different ways to pass and dribble so they can play a range of fun, friendly games which develop their ability to attack and defend.

Key vocabulary:

Pass – send a ball using a body part to a teammate.

Hand- eye co-ordination – using your hands and feet at the same time.

Healthy – when your mind and body feel good.

Space – an area you move into to get away from a defender.



Was it easier to throw or catch a bean bag or hoop?

What is the best way to throw?

What is the best way to catch?

What did you do to stop the other players?

How can you work with your partners to score a goal?

How did you stop another play from trying to score?

We will learn:

- To develop dribbling and passing skills.
- To develop spatial awareness.
- To compete against others in a friendly manner.