

QUEENSWAY SCHOOL

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Dear Parent/Carer

Our school is part of the Safeguarding Children in Banbury (SCIB) group that aims to deliver a PSHE programme across schools in Banbury, which is relevant to the Banbury area and provides a unified and consistent language around keeping safe. This programme will give children the skills and confidence to assess situations and make their own decisions that are vital to keeping themselves safe as they get older, enabling them to become independent, young people. This term, the schools in Banbury will be exploring substance misuse. Each of the year groups will be looking at an area which is age appropriate and builds on the year before.

Year 1 – Early Warning signs and feelings – exploring how we feel and how our body reacts when we don't feel safe. Who the trusted adults we can talk to are.

Year 2 – Chemicals at home – exploring what certain symbols might be and recognizing what products at home might be hazardous.

Year 3 – Medicines – exploring that medicines are a form of drug that can help us get better if taken correctly but can be dangerous if not. Introducing the child to making risk assessments.

Year 4 – Smoking and vaping – exploring decisions, consequences, both positive and negative which can damage their immediate and future health and safety. Looking at reasons why some have age restrictions.

Year 5 – Alcohol – continuing to explore decisions, consequences, both positive and negative which can damage their immediate and future health and safety.

Year 6 – Illegal Drugs – exploring what drugs are common in Banbury, particularly looking at cannabis and nitrous oxide cannisters and how they affect the body. Looking at different strategies on how to safely remove yourself from risky or peer pressure situations. Exploring the influence of peer pressure and social media on these choices. Children are taught about the age of criminal responsibility.

If you have any questions about the content, then please speak to the class teacher.

Yours faithfully

Miss Hollidge PSHE Lead