



# Athletics

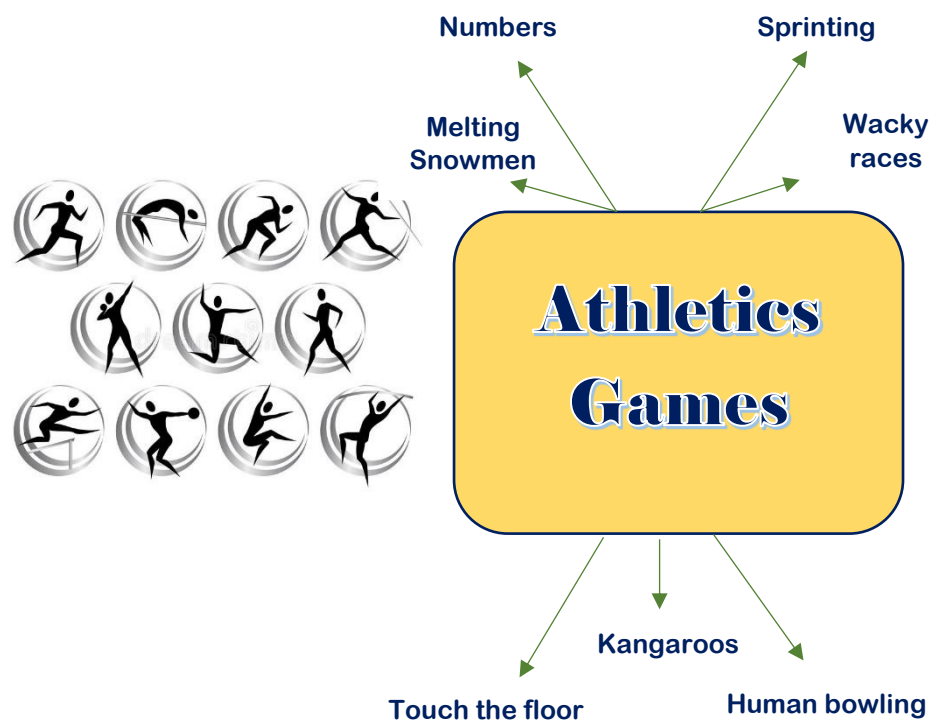
## Key Vocabulary and Skills

Athletics	Athletics is a type of sport that includes track and field events, such as running races, jumping and throwing.
Teamwork	The children will be working as part of a team to practise different skills, such as running, sprinting and travelling.
Communicating	Communication is the key skill we will be working on this term. The children will practise joining in with relay races.

The children are going to use the skills they have practised so far this year (travelling) to develop both their long and short distance running techniques. They will be practising how to change their technique depending on the distance they need to travel.

- ### Equipment:
- Large ball
  - Beanbags
  - Cone
  - Hoops
  - Running track

- ### Key Skills:
- Running
  - Sprinting
  - Traveling
  - Communicating
  - Moving



The value we will be focusing on this term is determination!

The children will try to show the games values in their PE sessions. The children that do this will be awarded the 'Player of the Week' certificate in Celebration Assembly.

