



Sikhism is one of the world's youngest religions. It was founded just over 500 years ago. It is the fifth largest religion in the world with over 20 million followers.



Guru Nanak was the founder of Sikhism



Sikhs believe in one God who guides and protects them. Sikhs see everybody as equal.

The 5 Ks

Sikhs display their commitment to their religion by following the 5ks.

1. Kesh - Uncut hair
2. Kanga – comb
3. Kara – Steel bracelet
4. Kirpan – sword
5. Kachera – Soldier's shorts



The symbol of Sikhism is the **Khanda**



Being part of a Sikh family

The **Gurdwara** is the Sikh place of worship



Top facts

Making good choices, working hard, caring for your family and being honest are important in Sikhism.

Sikhs often sit on the floor together whilst eating to show that everyone is equal.

To keep their long hair tidy, many men wrap their hair in a turban – a piece of material.

Key Vocabulary

Sikhism

Sikh Sikhs are people who follow Sikhism.

India A country in Asia. Most Sikh people live in India. There are 23 million Sikhs living in India.

Gurdwara The Sikh place of worship

Guru Granth Sahib The Sikh holy text.

Khanda The Symbol of Sikhism

Sikh family mealtime

