



Key skills

Physical: performing a variety of dance actions, using canon, unison, formation, dynamics, character, emotion, transitions, matching and mirroring.

Social: sharing ideas, consideration of others, inclusion, respect, leadership, supporting others.

Emotional: empathy, confidence

Thinking: observing and providing feedback, using feedback to improve, selecting, and applying skills.

Vocabulary:

Acceleration- Speeding up movement.

Canon- This is where dancers take it in turns to perform an identically copied movement.

Unison – When the movements are completed at the same time by the dancers.

Transition- The movement from one position to another.

Choreography- The art of creating the dance.

Execution- Carrying out actions with the required intention

Dance



Key questions:

What does a dance consist of?

How does dance improve your balance and coordination?

What is constructive feedback? How can you use it to improve your dance?

How does dance make you feel mentally and physically?

School Games Values

We will be focusing on certain School Games Values. The main values we will be focusing on will be:

- Self-belief: this term children will be stepping out of their comfort zones to try new positions or movements.
- Teamwork: children will be working with a range of different pupils, with differing confidence and abilities.
- Respect: linking with the above, children will be considering other's thoughts and ideas.

In this unit children will:

- ✓ Choreograph a dance using props.
- ✓ Perform dances with accuracy and timing.
- ✓ Refine the way they use actions, dynamics and relationships to express ideas, emotions, feelings, and characters.
- ✓ Use appropriate language to evaluate and refine their own, and others work.
- ✓ Use feedback provided to improve the quality of their work.
- ✓ Work creatively and imaginatively independently, with a partner and as part of a group to choreograph and structure dances.

The School Games Values

