



Cricket

Key Vocabulary

Bowling: this is where the bowler (the person throwing the ball) throws the ball overarm or underarm towards the person batting.

Batting: The action of hitting the ball with the cricket bat.

Fielding: This is when someone catches or stops the ball in the field/ game area.

Wicket: A set of three stumps that, that if hit by the ball, can cause the batting team to be out.

Games we will be playing:

Batting and batters - focusing on the skills involves with batting.

Hit the wickets - focusing on bowling and teamwork skills.

Beat the bowler - focusing on agility skills and moving and passing accurately.

Children will be focusing on the skills involved with the sport and will hopefully develop these into game situations.



Above is an example of an overarm bowl and below is an example of how to grip the ball when bowling and how to hold a cricket bat.



School Games Values: The main values we will be focusing on (even though they are all important!) will be:

- **Teamwork:** children will be working in partners and small groups, meaning they need to show that they are able to work as a team and ensure everyone feels included.
- **Respect:** Although cricket is a sport where two teams play against one another, children will still have to show that they are a good sports player and shows respect before, during and after a game.
- **Self-belief:** As this is a new sport for the children, they need to come to each lesson willing to learn and feeling confident to try out new skills.

Key questions:

What are your 3 top tips when batting?

What are you 3 top tips when fielding?

How does exercise make you feel? Why?

What different ways does exercise help your mind and body?

The School Games Values

