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Monday 11<sup>th</sup> May 2026

Dear Parents,

Our school is part of the Safeguarding Children in Banbury (SCIB) group that aims to deliver a PSHE programme across schools in Banbury, which is relevant to the Banbury area and provides a unified and consistent language around keeping safe. This programme will give children the skills and confidence to assess situations and make their own decisions that are vital to keeping themselves safe as they get older, enabling them to become independent, young people. Next term, the schools in Banbury will be exploring Protective Behaviours, risk and exploitation. Each of the year groups will be looking at an area which is age appropriate and builds on the year before.

## A Common Vocabulary

Protective Behaviours

Four Key Skills:

- 1. Early Warning Signs** – teaching children how to connect with and interpret their bodies messages. Giving them the vocabulary to express them.
- 2. Risk Assessment** – teaching children how to be skeptical, how to spot risks and to make informed decisions.
- 3. Getting Help** – connecting children with their trusted adults. Ensuring they understand that they are still children and when things go wrong, they need adults to help them overcome the problem.
- 4. Taking Action** – equipping children with strategies they can use if they find themselves in a hotspot. Normalizing getting help.

Unsafe	Risking on purpose	Risking for fun	Safe

**Year 1** – NSPCC Pants Rule

**Year 2** – Consent and Control

**Year 3** – Safer Together – Understanding choices around their behaviour; appropriate behaviours of others; how to take action if they feel unsafe; understanding their bodies (including correct names for body parts); knowing who can help them.

**Year 4** – Safer Together – Knowing the UN Convention Rights of a Child; highlighting their strengths and skills, understanding choice – dares, secrets and bribes; how to take action if they feel unsafe; knowing who can help them.

**Year 5** – Exploitation – understanding what exploitation is and recognising that there are different stages to this process (focussing on Profiling, which is how adults select vulnerable children to manipulate and Ice Breaking, which are the strategies adults use to approach children and gain their trust); understanding how to get help and act protectively; scenario-based work to build scripts to support children in removing themselves from uncomfortable situations.

**Year 6** – Exploitation – Recap of understanding of Profiling and Ice Breaking (Profiling is how adults select vulnerable children to manipulate and Ice Breaking is about the strategies adults use to approach children and gain their trust). We also develop an understanding of relationship building and the struggles children may face making decisions in difficult situations. We will discuss supporting strategies to make safe choices when faced with these dilemmas.

The SCIB curriculum aims to ensure that children can make well-informed decisions and encourages them to ask questions to make sure that we are tackling misinformation. It would be fantastic if you could continue these discussions at home, particularly reinforcing the language around Protective Behaviours. We understand that children can generate interesting and sometimes quite in-depth questions around topics such as these. Children may also take time to process information, as with all learning, misconceptions can arise and so if your child comes home and talks about any of these messages or asks any questions that you would like support with, please do speak to your class teacher. Equally so, if your child raises any thoughts that we feel that you should know about or would benefit from a further follow-up at home, we will get in touch with you to let you know.

Yours Sincerely,

Mrs Ashley Pile

PSHE Lead