## About Forest School



Forest Bees Forest School is a fun and magical place where children and adults explore their surroundings. Our forest school experience enables young people to connect with the outdoors, giving them freedom to play, learn and develop in an exciting, adventure filled way. Activities might vary from splashing in puddles, climbing trees, creating magic potions, bug hunting, playing games, creating crafts, building shelters and so much more! All of these activities are carefully risk assessed and managed by a qualified Forest School leader.

## Forest School Gives Children an Opportunity to:

- Lead their own learning and development
- Learn about risk management
- Enjoy the outside in all weathers
- Develop team work skills
- Learn about the nature in their local environment
- Feel empowered to look after and protect their environment
- Develop relationships with other children and adults
- Build their independence
- To have fun in a safe and pressure free environment

At Forest Bees we believe all children and adults can contribute equally to each session. As a result everyone is valued and appreciated. At the heart of our forest school experience is the belief that everyone deserves to enjoy the magic of our natural environment.

## Our Rules

At Forest Bees we just have three rules, we believe following these will ensure an enjoyable and safe forest school experience. We work with the children to understand these rules, and how they can be followed during a forest school session.

- Be kind to yourself
- Be kind to each other
- Be kind to nature