



Key skills / vocabulary:

Passing: This is where you throw the ball backwards to someone on your team.

Try: This is where you score a goal by placing the ball over the try line.

Tag: Each player wears a tag belt and if they are tagged (one of the tags is removed from their belt), they can only take three steps forward before passing the ball.

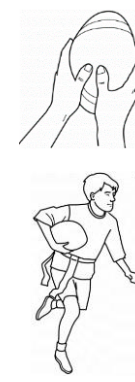
Attacking: Trying to gain the ball from your opposition.

Defending: Trying to keep the ball between your teammates and ensuring the opposition do not score a try.

Co-ordination: Being able to coordinate running with the ball whilst also being able to look around.

Reaction time: Responding quickly to something (such as a pass).

Tag Rugby



This term we will be focusing on tag rugby. This is a non-contact sport, meaning it is different to the rugby you see on TV! We will be learning the different skills involved in tag rugby through short games and we will then move on to a small game situation.

The three main school games values we will be focusing on are teamwork, determination and respect.

Key questions

What are three rules you need to remember?

How can you pass the ball accurately?

How does tag rugby make you feel physically and mentally?

The games we will be playing:

- Tails (tagging & reaction time)
- Scarecrow tag (attacking, tagging & respect)
- Octopus (tagging, defending & co-ordination)
- Rats and rabbits (tagging and attacking)
- Catch my tail (reaction time & determination)
- Space invaders (passing, reaction time & teamwork)
- Battle of the hunter (reaction time & scoring a try).

The School Games Values

