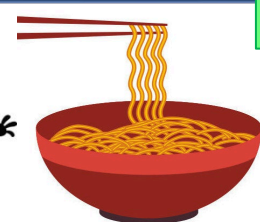






MENU - WEEK A

For w/c 5th Jan & 26th Jan

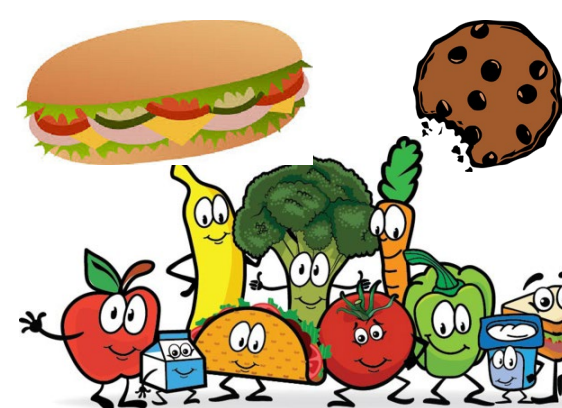


Fresh Start



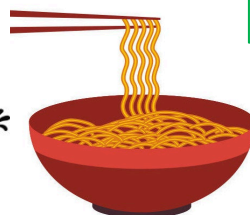
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><i>Singapore style noodles (VG)</i> Sweetcorn & carrots</p>	<p><i>Salmon fishcakes</i> Broccoli & green beans</p>	<p><i>Sausage plait & roast potatoes</i> Cabbage & diced swede</p>	<p><i>Chicken korma with rice</i> Green beans & carrots</p>	<p><i>Fish fingers and chips</i> Baked beans or peas</p>
 <p><i>Cheese & tomato pizza (V)</i> Sweetcorn & carrots</p>	<p><i>Macaroni cheese (V)</i> Broccoli & green beans</p>	<p><i>Veggie cowboy pie with roast potatoes (VG)</i> Cabbage & diced swede</p>	<p><i>Roasted veg and bean burrito (VG)</i> Green beans & carrots</p>	<p><i>Fishless fingers and chips (VG)</i> Baked beans or peas</p>
 <p><i>Pasta shapes with a choice of topping (V)</i> Sweetcorn & carrots</p>	<p><i>Jacket potato with a selection of toppings</i> Broccoli & green beans</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Cabbage & diced swede</p>	<p><i>Jacket potato with a selection of toppings</i> Green beans & carrots</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Peas</p>
 <p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>
<p><i>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</i></p>	<p><i>Lemon shortbread (VG)</i></p>	<p><i>Jelly (VG)</i></p>	<p><i>Chocolate courgette cake (V)</i></p>	<p><i>A selection of home baking (V)</i></p>

Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our fresh bread. Where possible, we buy locally sourced produce. All of our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.







MENU - WEEK B

For w/c 12th Jan & 2nd Feb

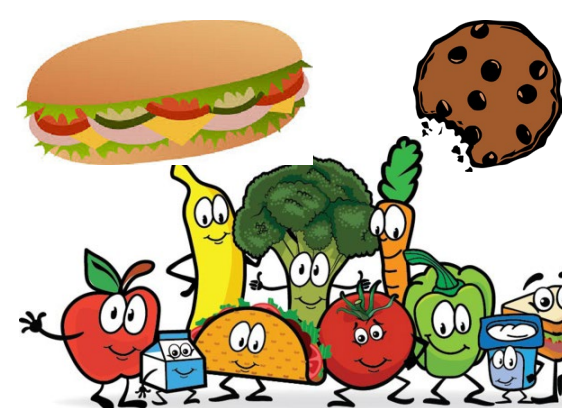


Fresh Start



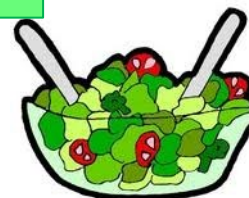
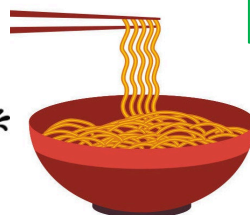
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><i>Veggie meatballs & rice (VG)</i> Sweetcorn & carrots</p>	<p><i>All day breakfast</i> Broccoli & green beans</p>	<p><i>Roast chicken, Yorkshire pudding & roast potatoes</i> Cabbage & diced swede</p>	<p><i>Spaghetti bolognese</i> Green beans & carrots</p>	<p><i>Breaded fish and chips</i> Baked beans or peas</p>
 <p><i>Cheese & tomato pizza (V)</i> Sweetcorn & carrots</p>	<p><i>Veggie all day breakfast (VG)</i> Broccoli & green beans</p>	<p><i>Shepherdess pie (VG)</i> Cabbage & diced swede</p>	<p><i>Spinach & chickpea curry (VG)</i> Green beans & carrots</p>	<p><i>Vegetable pasty and chips (VG)</i> Baked beans or peas</p>
 <p><i>Pasta shapes with a choice of topping (V)</i> Sweetcorn & carrots</p>	<p><i>Jacket potato with a selection of toppings</i> Broccoli & green beans</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Cabbage & diced swede</p>	<p><i>Jacket potato with a selection of toppings</i> Green beans & carrots</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Peas</p>
 <p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>
<p><i>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</i></p>	<p><i>Chewy chocolate biscuits (VG)</i></p>	<p><i>Jelly (VG)</i></p>	<p><i>Dorset apple cake (V)</i></p>	<p><i>A selection of home baking (V)</i></p>

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MENU - WEEK C

For w/c 19th Jan & 9th Feb



Fresh Start



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Sweet potato, pepper & coconut curry with rice (VG)
Sweetcorn & carrots

Pasta carbonara
Broccoli & green beans

Roast chicken, Yorkshire pudding & roast potatoes
Cabbage & diced swede

Pork and apple casserole with rice
Green beans & carrots

Breaded fish and chips
Baked beans or peas



Cheese & tomato pizza (V)
Sweetcorn & carrots

Cheesy bean bake (V)
Broccoli & green beans

Meatless mince puff pie (VG)
Cabbage & diced swede

Pesto pasta (VG)
Green beans & carrots

Veggie sausage and chips (VG)
Baked beans or peas



Pasta shapes with a choice of topping (V)
Sweetcorn & carrots

Jacket potato with a selection of toppings
Broccoli & green beans

Pasta shapes with a choice of topping (V)
Cabbage & diced swede

Jacket potato with a selection of toppings
Green beans & carrots

Pasta shapes with a choice of topping (V)
Peas



Deli option with a selection of breads and fillings
Salad bar

Deli option with a selection of breads and fillings
Salad bar

Deli option with a selection of breads and fillings
Salad bar

Deli option with a selection of breads and fillings
Salad bar

Deli option with a selection of breads and fillings
Salad bar

Yoghurt with a choice of either fruit coulis, granola or honey topping (V)

Sultana flapjack (VG)

Cheese and crackers (V)

Orange drizzle cake (V)

A selection of home baking (V)

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